



The Center for Rural Culture presents:

IS YOUR MEAT SAFE TO EAT???

*An Educational Program on the Benefits of
Locally Grown, Grass-fed Meats*

Monday, July 21st, 2008 5:30-7:30pm

As part of our on-going educational series on locally grown, sustainable food products, the Center for Rural Culture is presenting a program on the benefits of grass-fed meats. As an introduction, participants will be treated to a short DVD series called "The Meatrix". Produced by Sustainable Table and Free Range Studios, *The Meatrix*, *The Meatrix II: Revolting*, and *The Meatrix II ½* expose the dirty truth behind today's industrial meat and dairy production. The movies use action & humor to educate audiences, while the Meatrix website offers alternatives to the problems with industrial agriculture. Join our heroes Moopheus, Leo & Chickity as they confront industrial agriculture & help them save small family farms!

**JOIN LOCAL FARMERS FOR EDUCATION, DISCUSSION, *FOOD TASTING*,
SOCIALIZING AND FUN!**

LOCATION: Brookview Farm 854 Dover Rd. Manakin-Sabot, VA 23103

REGISTRATION: **Pre-registration is required.** You may call 804-314-9141 or email admin@CenterForRuralCulture.org to register. Space is limited to 75, so please register early! Deadline for registration is Wednesday, July 16th.

COST: Cost is \$12.00 at the door (Center for Rural Culture Members—only \$10.00). Checks or cash only please. **All participants will be given a coupon valued at \$5.00 for the Goochland Farmers Market, courtesy of DAWSON'S PHARMACY.**

FEATURING: "The Meatrix" DVD Series will be showing at 5:40 and 6:00pm. A moderated discussion with local farmers will follow, along with samplings of local, grass-fed meats including beef, poultry, pork and bison. Local cheeses, salads and veggies will also be offered. All vendors will have food available for purchase. Sorry, no children under 12 please.

The Center for Rural Culture is a 501(c)(3) non-profit organization whose mission is to sustain the rural culture of Goochland and the surrounding Piedmont by educating, promoting, and inspiring. For more information on the Center's work or to join the Center for Rural Culture, go to: www.CenterForRuralCulture.org.